**Theory of Planned Behavior**

The following questions relate to your attitudes and thoughts about volunteering. Please circle the appropriate number on each row.

**Attitudes**

To volunteer would be …

1. Bad 1---2---3---4---5---6---7 Good
2. Unsatisfying 1---2---3---4---5---6---7 Satisfying
3. Boring 1---2---3---4---5---6---7 Interesting
4. Unpleasant 1---2---3---4---5---6---7 Pleasant
5. Unfavorable 1---2---3---4---5---6---7 Favorable
6. Detrimental 1---2---3---4---5---6---7 Beneficial
7. Unenjoyable 1---2---3---4---5---6---7 Enjoyable
8. Useless 1---2---3---4---5---6---7 Useful
9. Negative 1---2---3---4---5---6---7 Positive

**Subjective Norms**

1. People I know share an interest in volunteering.
2. Others with whom I am close to place a high value on volunteering.
3. Volunteering is an important activity to the people I know best.
4. Most people who are important to me would approve of my engaging in volunteering.
5. The people in my life whose opinions I value think it is desirable for me to volunteer.

**Perceived Behavioral Control**

1. I have complete control over whether or not I will volunteer.
2. It would be easy for me to volunteer.
3. Events outside my control may stop me from volunteering. **(R)**
4. I am confident that I have the ability to volunteer.
5. It is mostly up to me whether or not I volunteer.

**Volunteering Intention**

1. It is likely that I will volunteer within the next six months.
2. I plan to volunteer within the next six months.
3. I do not intend to do any volunteer work within the next six months. **(R)**
4. I am determined to do some volunteer work within the next six months.